



Date of Visit: ____/____/____

INITIAL PAIN ASSESSMENT

Patient Name: _____ Date of Birth: ____/____/____

Primary Care Physician: _____ Referring Physician: _____

Marital Status: Single Married Divorced Widowed # of Children: ____

Currently Working: Yes No Occupation: _____ Last day of work: _____

Height: _____ Weight: _____ Date Pain Began: _____ Average Pain Score (0-10): _____

Location of Pain: Upper Back Lower Back Head Neck Arms Hands Feet Other _____

Pain Radiates To: Left Arm Right Arm Left Leg Right Leg Other _____

Pain Quality: Constant Intermittent Sharp Dull Burning Throbbing Shooting Tingling Other _____

What makes the pain worse?

What makes the pain better?

Numbness: Yes No Where: _____ **Weakness:** Yes No Where: _____

What imaging studies have you had?

MRI Date: _____ Where: _____

CT Scan Date: _____ Where: _____

EMG/NCS Date: _____ Where: _____

History of Treatment (list the dates next to each):

Acupuncture _____ Aquatic Therapy _____ Biofeedback _____ Chiropractic _____

Back Brace _____ Physical Therapy _____ Occupational Therapy _____ Massage Therapy _____

Medical History:

High Blood Pressure High Cholesterol Heart Attack Heart Failure Cancer
Recent Cough/Cold Asthma Bronchitis Liver Problems Hepatitis
Kidney Problems Diabetes Thyroid Problems Seizure Stroke
Prolong Bleeding Other _____

Drug and/or Food Allergies: _____

Smoke History: Yes No How many packs per day: ____ How many years: ____ Date when quit: _____

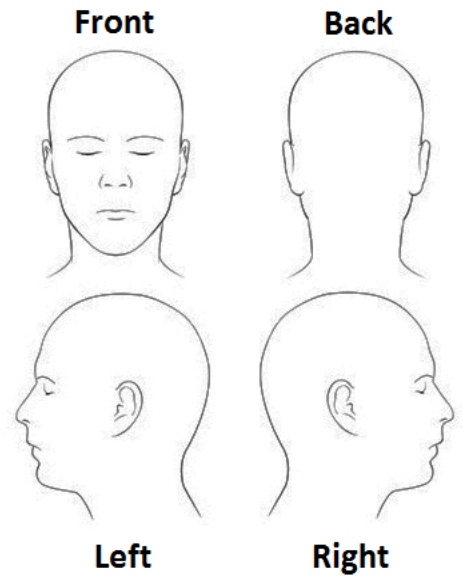
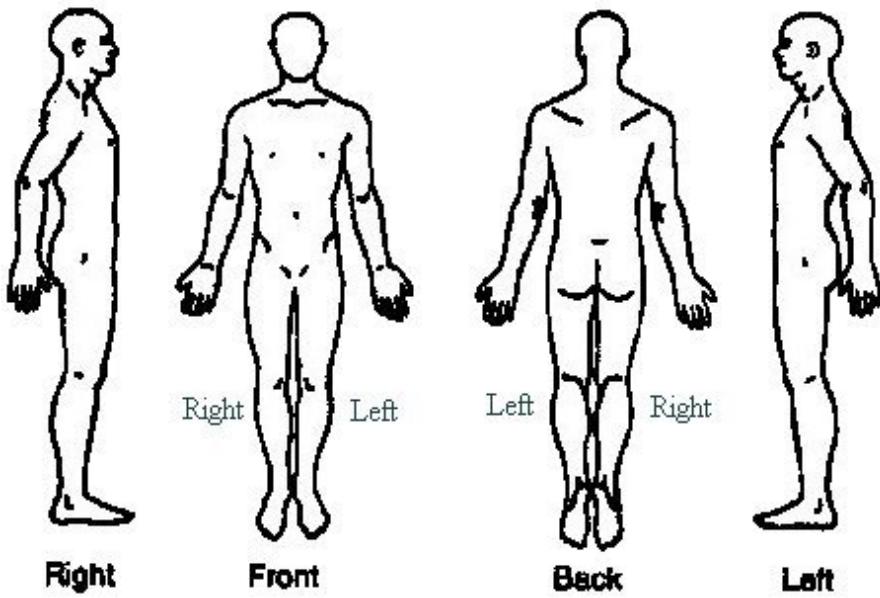
Alcohol History: None Socially Excessive # of drinks per week: ____

Substance Abuse: Yes No What Type: _____ Date when quit: _____



Date of Visit: ____/____/____

Location of Pain(s): (shade or drawn in where your pain is located on the figures)



Current Medications:

| Name of Medication | Dose | Frequency |
|--------------------|-------|-----------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Surgery, Nerve Blocks, Trigger Point or Epidural Injections

| Surgery / Procedure | Date |
|---------------------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Patient Signature: _____

Date: _____



Date of Visit: ____/____/____

REVIEW OF SYMPTOMS

| | | | | | |
|-------------------------|-----|----|--------------------------------|-----|----|
| Fevers | Yes | No | Nausea | Yes | No |
| Chills | Yes | No | Vomiting | Yes | No |
| Recent Weight Gain | Yes | No | Diarrhea | Yes | No |
| Recent Weight Loss | Yes | No | constipation | Yes | No |
| | | | Heartburn | Yes | No |
| Visual Disturbances | Yes | No | Liver Disease / Hepatitis | Yes | No |
| Hearing Loss | Yes | No | Signs of GI Bleeding | Yes | No |
| Glaucoma | Yes | No | | | |
| Cataracts | Yes | No | Hematuria | Yes | No |
| | | | Dysuria | Yes | No |
| Heat Intolerance | Yes | No | Recent Urinary Tract Infection | Yes | No |
| Cold Intolerance | Yes | No | | Yes | No |
| Diabetes | Yes | No | Back Pain | Yes | No |
| Thyroid Dysfunction | Yes | No | Neck Pain | Yes | No |
| | | | Arthritis | Yes | No |
| Asthma | Yes | No | Osteoporosis | Yes | No |
| Cough | Yes | No | | | |
| Wheezed | Yes | No | Dizziness | Yes | No |
| Emphysema | Yes | No | Headaches | Yes | No |
| Shortness of Breath | Yes | No | Fainting | Yes | No |
| History of Tuberculosis | Yes | No | Numbness | Yes | No |
| | | | Paralysis | Yes | No |
| High Blood Pressure | Yes | No | History of Stroke | Yes | No |
| High Cholesterol | Yes | No | Vertigo | Yes | No |
| Bleeding Disorders | Yes | No | | | |
| Chest Pain | Yes | No | Anxiety | Yes | No |
| Coronary Artery Disease | Yes | No | Depression | Yes | No |
| Heart Murmurs | Yes | No | Mood Disorders | Yes | No |
| Palpitations | Yes | No | | | |
| History of Heart Attack | Yes | No | Cancer | Yes | No |

If you answered "yes" to any of the questions, please provide a brief description & when it occurred:



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PAIN CENTER PRESCRIPTION AGREEMENT

I, _____ understand that in order to receive any prescription medications for the treatment of pain from the pain center physicians, I must comply with the following rules and expectations of the pain center:

1. **All** medications prescribed by a physician at the pain center will be used only as ordered and for the reason ordered. Stopping a medication suddenly, using a medication for a reason other than that for which it was prescribed, or increasing a medication without medical advice is not acceptable behavior and can also be dangerous. **Any prescription changes must be addressed at the time of your appointment.** Early refills will generally not be given.
2. Triplicate medications will be refilled **ONLY** at the scheduled pain center appointments. I am expected to make and keep all the appointments. Prescriptions will **NOT** be mailed or called to the pharmacy.
3. I will not request or receive pain medications nor controlled substances from any physician who is not from the pain center (or their designee).
4. I will not use illegal drugs or medications - if I am on medical marijuana I must provide a copy for my chart, with the understanding that no opioids will be prescribed from the pain center.
5. I will comply with a random blood, urine or oral swab test when requested. I may be asked to provide a blood, urine or oral swab test during my initial consultation.
6. Out of town refills will not be processed, if leaving town for emergencies, please make arrangements before leaving, and itineraries may be requested.
7. It is my responsibility to protect my prescriptions from loss, selling, theft, or damage. A police report will be required if medications are stolen. Any stolen or lost medications may not be replaced. If a second loss, theft, or damage of medications should occur, you may be dismissed from the practice.
8. I will fill all prescriptions under one pharmacy.
9. I understand that I am not to drive while under the influence of medications (i.e. narcotics/opiates), nor should I operate heavy machinery nor serve in any capacity related to public safety.
10. I am aware that the risks of opiates/benzodiazepines/muscle relaxants may include: addiction, sedation, physical dependence, nausea/vomiting, drowsiness, hypogonadism, tolerance, depression, decrease bone density, slowed reflexes and response time, and constipation.
11. Violation of any points in this agreement may result in dismissal from the practice at the discretion of the physician.

Patient Signature

Date